

# RESIDENCY

## NEWSLETTER

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### Recruitment Update

Thank you to everyone helping with pre-screening the hundreds of applications this year! Interview season starts soon-check your inbox for an email from Ashley with assigned interviewing times, and warn your rotation preceptors early if you have been scheduled. Don't forget '[applicantfeedback@ccfamilymed.com](mailto:applicantfeedback@ccfamilymed.com)' if you have any thoughts about any potential new interns that you interact with! We will be sending out emails with ranking dates. These meetings are always Wednesday evenings, and we will be asking for a rough head count so we can get the right amount of dinner for folks that can make it.

Thanks for all your hard work!

- The recruitment team

### Announcements

- **Call for proposals!** RLG is currently soliciting proposals and general ideas for curriculum changes. See examples on the wiki of past curriculum proposals made by residents. The last day to submit proposals will be 11/1.
- **In-training exam:** All residents are expected to take the in-training exam during the week of 10/21-25. You should have already signed up or been assigned a half-day to take the exam. It is held in the ccLink trailer M1. Contact Tami if you have any questions.
- **Class retreats:** The Intern Retreat is 1/31-2/2 and the 3rd Year Retreat is 2/21-23. Second and 3rd years should not make plans for the weekend of Intern Retreat and 2nd years should not make plans for the 3rd year retreat weekend as we will need to cover each other's shifts.
- **It is flu shot and PPD time.** Everyone needs these updated for us and for CHO. If everyone (even the R1s who may have recently had a PPD) gets their PPD now while Infection Control is having their clinics it makes life much simpler for us getting everyone's documents to CHO in May so everyone can get their new, year long badges! Please go this month. There are schedules posted around the hospital regarding when and where you can go.
- **Lafayette reservoir run:** Interested in running or cheering along your colleagues? Join us for the Lafayette Reservoir Run coming up on Sunday, October 27. If you're interested, you can still sign up here: <http://www.lafayettechamber.org/events/reservoir-run/>. Also, there's a group of residents and staff running the inaugural Berkeley half-marathon (and 10-miler and 10-k). Information about that race can be found here: <http://berkeleyhalfmarathon.eventbrite.com/>. Email Dave Piccinati and/or Emily Cotter if you're interested in running with CCRMC or would like to come out and cheer!
- **Scrubs:** Make sure to vote for a color and try on the various sizes in Abby's locker on the 5th floor resident lounge. Then email your size to the chiefs by 10/22!

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## UPCOMING EVENTS

- 10/21-25 In Service Exam
- 10/27 Lafayette Reservoir Run
- 11/1 All-resident meeting
- 11/1 Willow House Halloween Spectacular
- 12/7 Holiday Festivus
- 1/17 All-resident meeting
- 1/31-2/2 Intern retreat
- 2/21-2/23 3rd year retreat

## Director's Corner

Hello residents,

We have been talking about change, change, change. Unfortunately I don't have another header for you: there is more ahead, everywhere you turn (healthcare, graduate medical education, etc). In the spirit of our own local evolution, I would like to mention a couple of things. One is that we will be working through the decisions around increasing our support for ambulatory training in RLG these next weeks. We will have some time for resident questions/discussion at the ARM on November 1. RLG will make decisions at the Nov 12 meeting. We have extended the time due to the need for as collaborative a decision-making process as possible.

On another note, in speaking about graduate medical education and patient safety at the last ARM, I may have left the impression that residents make patient care unsafe. That was not the intended message. Residents, overall, make patient care better. We must acknowledge that you are learners and you need adequate support and supervision to give good patient care. We - the RLG and your teachers - are working to figure out how to get you the support you need while maintaining your sense of ownership of both patient care and your education. There is a new balance we must strike as we evolve and we will find the right balance for CCFMR.

Keep your eyes peeled for the 2nd annual RLG-Resident festivus in December - tentative date: December 7.

-Kristin





# RESIDENCY NEWSLETTER

## CHO goes live with EPIC!

CHO is going live with Epic on November 5th. We have received word about expectations regarding residents rotating in UC and ED, but not yet regarding those rotating on the wards. For all residents with **block schedules assigned to rotate in ED/UC beginning October 21st 2013, EPIC training is MANDATORY prior to their first Emergency Department shift.** Because we already have Epic, all of our residents will be eligible to do a 2 hour Epic Training Test Out session. If a resident does not test out (which I do not expect to happen), an 8 hour training will be required off-campus at CHO's Emeryville Epic teaching facility.

Currently we are in the process of negotiating when our residents will be doing the test-out



training. Those currently working at CHO will not need to do training at this time because their rotations will end on 10/29, before the go-live date. Please be patient with us and CHO while we work this out and remember how hectic it was when we went live!

The trainings will be arranged in coordination with Eileen Murray: [emurray@mail.cho.org](mailto:emurray@mail.cho.org), 510-428-3786.

**2 hour TEST OUT classes are offered:**  
Classes are NOT available weekends or nights

***October 21st through October 31st 2013  
Monday through Friday 0800-1200,  
1300-1700 in Outpatient Building/  
Classroom A***

***November 1st through November 30th 2013  
Monday through Friday 0900-1100 CHRCO  
Campus Library***

Stay tuned...  
Jeana



# RESIDENCY NEWSLETTER

## PCMH/FMC UPDATE

Dear Residents-

A few weeks ago residents and staff met to get feedback on the FMC/PCMH rotation. Some things are going well and some things need improvement.

Present during the meeting were: Joe Mega, Jim Walls, Sarah McNeil, David Piccinati, Athena Sanchez (Care-Coordinator), Stephen Merjavay, Brent Porteous, Danielle Draper, David Solomon, Jessica Selvin (Psychology), Carla Dominic (social work), and some other folks whose names I can't recall at the moment. As a group we were able to brainstorm some key successes and difficulties with the new FMC rotations.

Positives:

- Learning about available resources
- Inbasket management with Dr. Wildfire
- PCMH lab helpful for tough cases
- Shadowing

Challenges:

- Not enough admin time
- Lots of establish care patients
- Group visits good but overwhelming (too many things happening)
- 1650 still a challenge
- The order of rotations is tough: 2nd years are coming off of ICU and Night float.
- Resident expectations for the rotation is that it will be an easy outpatient rotation. It is a challenging rotation but folks are expecting a less rigorous rotation and this seems to affect people's experience of the rotation.

It was clear that admin time is critical. Suggestions for improvement included:

- 1 or 2 less patients for each 1/2 day of FMC with preceptors present to help with inbasket management
- Office Hours, i.e. one faculty member available Tuesday morning to sit down with residents and review inbasket; especially good after a full day of Monday clinic
- Set of guidelines about inbasket responsibilities of all team members (i.e. LVN, MD etc.)
- Decreasing roster sizes (by 1-2 per 1/2 day) for just this rotation



- Admin time on Thursday AM from 9-10 after morning didactics and before PCMH lab

When any provider goes from 2 to 5 clinics per week, they will have a lot more establish care slots, which has been very challenging. Suggested solutions included:

- Make a list of patients that need to be seen back and give it to your care coordinator to schedule those patients into open slots.
- See your patients back for quick follow-up, particularly for MMP/pap smears/chronic pain/HCM.

The goal is make 5 clinics per week feasible. We want to train residents to be competent and confident outpatient providers. This will be a rigorous rotation. The lead preceptors will take the proposed solutions and find a way to improve the rotation. This is a work in progress and we greatly appreciate your feedback. Keep it coming.

Thanks,  
Dave Solomon



**Happy Birthday!**

**Blocks 4/5/6**

*Danielle Draper - Sept 12*

*Marcie Richmond - Sept 12*

*Moni Mehrens - Sept 15*

*Mana Pirnia - Sept 20*

*Chris Henneberg - Oct 6*

*Jen Owen - Oct 7*

*Neal Sheran - Oct 13*

*Joe Mega - Oct 21*

*Ashley Ballard - Nov 5*

*Christy Martinez - Nov 18*

*Jim Walls - Nov 19*